Remember!

The overarching goal is to understand three things:

a) what is the disciple doing to grow? ("Activity Dimension")
b) how much have they actually grown? ("Growth Dimension")
c) of the things they are doing, what has been the most beneficial?

Knowing these three things will help you as a coach help the disciple know how to better invest their time in growth activities.

Assessment Questions

Activity Dimension

What has the disciple done or is doing?

- **What key resources have you used to learn God's truth?**
  - Hear God
    - What is your favorite way of learning? Reading? Course? Message?
    - What are some of the most and least helpful resources you have used to learn God's Word?
- **What key resources have you used to train your belief?**
  - Believe God
    - Apologetics
      - Bible
        - What resources have you used to develop your belief that the Bible is inspired, inerrent, and authoritative?
      - Resurrection
        - What resources have you used that have developed your belief in the resurrection?
    - Disciplines
      - Scripture Memory
        - Do you memorize Scripture?
      - Scripture Meditation
        - Do you meditate on Scripture?
      - Prayer
        - Do you pray out loud?
        - How often to you pray?
        - Do you journal?
      - Study
        - Do you read the word on a regular basis?
        - How do you determine what to read?
        - What are you going reading now?
      - Fasting
        - Have you ever fasted before?
- **What key resources have you used to drive better obedience?**
  - Obey God
    - Commands
      - Evangelism
        - What resources have you used to become trained in evangelism?
      - Fellowship
        - What resources have you used to understand the importance of Christian fellowship?
        - In what "community" opportunities are you engaged? Do you really participate?
    - Circumstances
      - What resources have you used to better understand sin, temptation or other special circumstances?
      - What are you doing to deal with your present circumstances?
      - Do you have an accountability partner?
    - Design
      - What have you done to learn how God has wired you up?
    - Roles
      - How would you classify the roles that you play?

Growth Dimension

How mature are they?

Of the things they are doing, which are actually leading to growth?

- Knowledge
  - **What have they learned?**
  - Vertical Knowledge
    - Perseverance
      - What is perseverance?
    - Compassion
      - What is compassion?
    - Humility
      - What is humility?
    - Joy
      - What is joy?
  - Horizontal Knowledge
    - Soteriology
      - How is a person saved?
      - Can you lose your salvation?
    - Theology
      - Can you explain the trinity?
      - What does it mean to "know God"?
    - Christology
      - How would your prove to someone that Jesus rose from the dead?
      - Who is Jesus Christ?
    - Bibliology
      - How well could you defend the authenticity, inerrency and authority of Scripture?
      - Do you understand the structure and history of the Bible?
      - Are you familiar with the major people, places, events, and themes of the Bible?
- Character
  - **What is going in inside of them?**
  - Vertical Belief / Character
    - Humility
      - Do you have a humble inner attitude?
      - What evidence do you base that answer on?
    - Compassion
      - Do you have a compassionate inner attitude?
      - Why do you believe that?
    - Joy
      - Do you have a joyous inner attitude?
      - Why do you believe that?
    - Perseverance
      - Do you have a persevering inner attitude?
      - Why do you believe that?
  - Horizontal Belief / Character
    - Do you believe the Bible is inerrant?
    - Do you understand the difference between temptation and sin?
    - What are you struggling with wrt internal temptation or sin?
      - Lust?
      - Greed?
      - Pride?
- Behavior
  - **How are they behaving outwardly?**
  - Vertical Behaviors
    - Humility
      - Would other people perceive you to be a humble person?
        - Do they see you as meek, selfless and authentic?
    - Compassion
      - Would other people perceive you to be a compassionate person?
        - Do they see you as generous, kind, and forgiving?
    - Joy
      - Would other people perceive you to be a joyful person?
        - Do they see you as content, grateful, and encouraging?
    - Perseverance
      - Would other people perceive you to be a persevering person?
        - Do they see you as patient, passionate and consistent?
  - Horizontal Behaviors
    - What are you struggling with wrt external behaviors?
    - Where are you struggling with a pattern of external sin?
      - Lust?
      - Greed?
      - Pride?
    - Do you share the gospel?
    - Have you ever led someone to Christ?
    - Are you being a good steward of your 'design'?
      - What are your spiritual gifts?
      - What is your passion?
    - What drives your decisions?
    - How do you worship the Lord?
    - How are you plugged into Christian community?
      - Do Christians have a greater influence on your life than non-believers?
      - Are you regularly encouraged by other believers? Do you encourage them?